

My name is	elp.
I live locally at	
My phone number is	••••••••••••
If you are self-isolating due to COVID-19 I can help with: O picking up groceries or urgent supplies O a friendly phone call O or	#ViralKindne
Call or text and I'll do my best to help you (for free!)	
Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (6' distance). Wash your hands regularly. Items should be left on your doorstep.	dness

Hello! I'm your neighbor, and I can help) .
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