



CAI'S COLLEGE OF COMMUNITY ASSOCIATION LAWYERS PRESENTS

Law Seminar

GUEST / SPOUSE ACTIVITIES

SOUTHWESTERN CULINARY DELIGHT

Spend the morning with nationally renowned Arizona chef and author, Janos Wilder, and learn to experiment within the realms of “Southwestern Nouvelle Cuisine” and contemporary Mexican cooking. You will be sure to impress family, friends and clients with your newly acquired expertise. Janos will take guests through a detailed step by step food preparation from his Recipe Book offering tid bits of information along the way such as what items can be prepared in advance and where guests can purchase food items in there home towns or on line. Samples will be available for guests to enjoy and guests will receive a menu packet.

He has spent many years cultivating his culinary skills by serving as chef at the Gold Hill Inn in Gold Hill, Colorado, Le Mirage restaurant in Sante Fe, New Mexico, and at La Reserve and Le Duberne restaurants in Bordeaux, France where he learned firsthand the French sensitivity toward ingredients while being exposed to the techniques of classical and nouvelle cuisine. Chef Wilder has been back in the States since 1982 and lives in Tucson with his family. Here, he and his wife, Rebecca, opened their own restaurant - **Janos** – located at The Westin La Paloma Resort. Since 1983, **Janos** restaurant has earned its place among the best restaurants in Tucson, receiving four Mobil Stars for four years running beginning in 1988. Janos Wilder is the author of *Janos: Recipes and Tales From a Southwest Restaurant* (Berkeley’s Ten Speed Press, 1990). Visit Janos Restaurant online at www.janos.com.

Price: \$59.00 per person

Additional Activities GRATIS at The Westin La Paloma Resort

Wednesday, January 20

5:30-7:30 p.m. Unwind in the Desert Garden Lounge—History of authentic Mexican Sangria with demo

Thursday, January 21

8:15 a.m. Powertone (at Fitness Center)
9:30 a.m. P.E.R.M. (Pilates Evolved Resist-A-Ball & Mat Class) (at Fitness Center)
11:00 a.m. Shuttle to [La Encantada](#) Shopping Center (ext. 7050 for reservations)
1:00 p.m. Broadway Dance Class (at Fitness Center)
3:00 p.m. Shuttle to [La Encantada](#) Shopping Center (ext. 7050 for reservations)
5:00 p.m. Shuttle to [La Encantada](#) Shopping Center (ext. 7050 for reservations)
5:30-7:30 p.m. Unwind in the Desert Garden Lounge—Unique selections of wine and tasting

Friday, January 22

7:00 a.m. Fit/Nature Walk (starts at Fitness Center)
8:00 a.m. Yoga (at Fitness Center)
9:15 a.m. Circuit Training (at Fitness Center)
10:30 a.m. Aqua Aerobics (Lap Pool)
11:00 a.m. Shuttle to [La Encantada](#) Shopping Center (ext. 7050 for reservations)
3:00 p.m. Shuttle to [La Encantada](#) Shopping Center (ext. 7050 for reservations)
5:00 p.m. Shuttle to [La Encantada](#) Shopping Center (ext. 7050 for reservations)
5:30-7:30 p.m. Unwind in the Desert Garden Lounge—Learn about different types of tequila with tasting

Saturday, January 23 – TBD

Golf Lessons Learn how to play or improve your swing with lessons from the pros at La Paloma. (ext. 7800 for reservations)
Tennis Private lessons or skill specific clinics are available. (ext. 7882 or 7880 for details)

Spouse Registration



Spouse Event Friday, January 22, 2010 | Southwestern Culinary Delight
[Janos Restaurant](#) | The Westin La Paloma, Tucson, AZ

Spend the morning with nationally renowned Arizona chef and author, Janos Wilder, and learn to experiment within the realms of “Southwestern Nouvelle Cuisine” and contemporary Mexican cooking. You will be sure to impress family, friends and clients with your newly acquired expertise.

Space is limited - Register NOW!

Friday, January 22, 2010

10:30 a.m. – 12 p.m. – Janos Restaurant Outdoor Patio at the Westin La Paloma

Dress Code: “Resort Casual”

Please register the following guests for the spouse event:

NAME _____

NAME _____

CELL _____

CELL _____

Number of persons registered for Spouse Event: _____

Cost per person (all inclusive) \$59 x _____ = \$ _____

**Please Provide Your Information for Payment:
Payment Method**

CHECK PAYABLE TO CAI VISA MASTERCARD AMERICAN EXPRESS

NAME _____ ESQ.

FIRM _____

PHONE _____ EMAIL _____

NAME ON CARD _____ SIGNATURE _____

CARD NUMBER _____ EXP. DATE _____

To Register CALL (888) 224-4321 or (703) 548-8600 (M–F, 9–6:30 ET, credit cards only)
FAX (703) 997-2177(credit cards only)

For information about registration for **GRATIS** activities contact The Westin La Paloma directly at (520) 742-6000.

SPOUSE EVENT Cancellation Policy: Full refunds are issued when CAI receives a written cancellation notice by 5 p.m. (ET) on December 21, 2009. Registration fees become non-refundable on December 22, 2009. Fax cancellations to Holly Carson at (703) 836-9749 or email to hcarson@caionline.org. Substitutions may be made by phone, fax, or email (hcarson@caionline.org) until January 13, 2010.